



27th ARBOR DAY 5K-1 MILE-1/4 MILE RUN/WALK/ROLL, Town Green, Biloxi
Please join us for a fun event to encourage healthy lifestyles and disability awareness.

At Disability Connection (DC), our mission is **"creating a connected community"** to provide social support, ensure healthy futures, eliminate barriers, and foster cooperation and understanding with priority for seniors, veterans, homeless, and people with disabilities."



Saturday, Feb 28th join this fun event promoting healthy lifestyles to individuals of all ages with and without disabilities. This event has 3 goals: to promote healthy lifestyles, to encourage people with disabilities to be active community participants and join the fun of a Run, and to share information on community resources for people with disabilities and the underserved. An estimated 800 individuals will participate.

Pre-Registration Fee for Run/Walk/Roll participants can be paid to Disability Connection until through Thursday, **February 19th**. The Registration Fee is \$20 (\$15 for children 12 and under). Pre-Registrations can be mailed, faxed, or submitted on-line at www.DisabilityConnection.org. Pre-registered runners can either pick up shirts prior to the race or at the race. Pre-registered participants are guaranteed a t-shirt the day of the race, and a tree following the race, and runners with challenges receive a medal. Volunteers/Caregivers do not need to pay registration fee to accompany a walker unless they want a t-shirt. Some scholarships are available for individuals with disabilities. TEAMS are encouraged to participate.



The event includes music, snacks, accessible sports demonstrations, and vendors promoting health and wellness. Individuals with disabilities will receive information on community resources, opportunities for socialization, and disability sports opportunities including tennis, basketball, soccer, and basketball. This event is in partnership with the Gulf Coast Running Club, the most respected running club in South Mississippi. The race includes a 1/4 mile challenge so that everyone, including wheelchairs, can participate in the healthful benefits of a run with awards following.

Saturday Schedule (Run with Gulf Coast Running Club, Town Green):

- **8:00-9:30** **Registration & Sign-in for those Pre-Registered**
- **9:00** **5K Race Start**
- **9:45** **1 Mile & 1/4 Mile Ability Challenge Start**

Call the office for Team Packets, Sponsorship & Vendor Information.



Donations over the run fee are appreciated. Disability Connection is a 501 (c) (3) Nonprofit Corporation.

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