



**35th ARBOR DAY 5K-1 MILE-1/4 MILE RUN/WALK/ROLL, Biloxi Town Green**  
*Please join us for a fun event to encourage healthy lifestyles and disability awareness.*

At **Disability Connection (DC)**, our mission is "**creating a connected community** to provide social support, ensure healthy futures, eliminate barriers, and foster cooperation and understanding for people with disabilities."



## OPTION 1

### Event at the Biloxi Town Green: Saturday, February 25, 2023

Join this fun event promoting healthy lifestyles to individuals of all ages with and without disabilities. This event has 2 goals to encourage a healthy lifestyle and to encourage people with disabilities to be active community participants by joining the fun of a run.

**All Registration for Individuals is through the Gulf Coast Running Club.** You can register for the Run/Walk/Roll at the event (\$25) or Pre-Register and pay a discount (\$22, Children \$15), postmarked by February 17, 2023. To pre-register, go to [www.GulfCoastRunningClub.org](http://www.GulfCoastRunningClub.org), click on the Arbor Day Run. Print the registration form, and mail it to the address on the form. **On-line registration is optional at [www.RaceRoster.com](http://www.RaceRoster.com).** Runners receive a *T-shirt*. Runners with challenges receive a *Medal*. Volunteers/Caregivers do not need to pay registration fee to accompany a walker, but can register to receive a t-shirt. This event is in partnership with Gulf Coast Running Club, the most respected running club in South Mississippi.



Saturday Scheduled Run with Gulf Coast Running Club, Biloxi Town Green:

- **8:00-9:30**      **Registration, and Sign-in for those pre-Registered**
- **9:00**            **5K Race Start**
- **9:45**            **1 Mile Race and 1/4 Mile Race Start together**



## OPTION 2

### Event at School or Optional Walking Track: group scheduled

Groups are welcome to register through DC and attend the event at Biloxi Town Green for \$20 per registered walker. Due to the current pandemic, DC is offering a second option to participate in the 2023 Arbor Day Run/Walk/Roll. Individuals and/or groups can register through DC, pay \$20 per individual, and walk/run/roll a minimum of 1/4 mile at the time and location of their convenience. Staff can verify the list of those completing the walk to receive t-shirts and medallions for the participants. DC will also supply bottled water and snacks for participants.

*Call the office for Sponsorship and Team information.*



*Donations are appreciated.*

*Disability Connection is a 501 (c) (3) Nonprofit Corporation.*

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